

## Self-Exploration Sentence Completion

In order to be happy with yourself, you must first get to know yourself. Getting to know who you are can be tough sometimes, but once you develop a relationship with you, you will be able to see the good in you and what you have to offer to other people.

**Directions:** Complete the sentences to start the process of discovering who you are.

**My name is:**

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**I love to:**

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**I don't like to:**

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**I am responsible for:**

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**My biggest strength is:**

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**My biggest weakness is:**

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**What I want from my life is:**

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**I am afraid that:**

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**I am confident that I can:**

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**I am not confident when:**

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**What I value in a relationship is:**

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**What I value in a career is:**

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**The three things I care about most are:**

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# WHO I AM

