

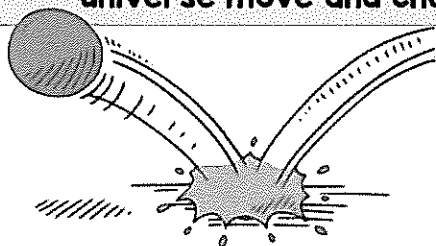
# ENERGY FORMS & TRANSFORMATIONS

**ESSENTIAL QUESTION:** How do things in the universe move and change?

## TOPIC QUESTIONS:

### 1

What is energy and how is it measured?



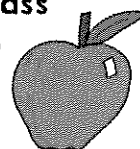
**Energy is the ability to do work.**

Energy cannot be seen or touched, but every time a bulb is lit, music is played, a fan spins, or food is cooked, energy made it happen.

## VOCAB

**mass**

100 grams



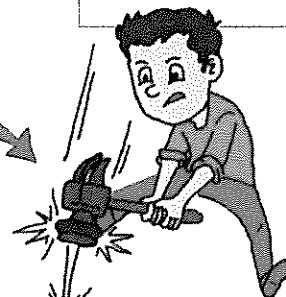
How much matter there is in something.

**position**

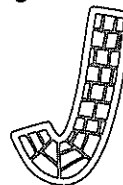


Where an object is relative to a point of reference.

Energy is measured in the unit of Joules (J).  
 $1 \text{ J} = 1 \text{ kg} \cdot \text{m}^2 / \text{s}^2$



Work happens when a force is used to move an object through a distance.



### 2

What is mechanical energy?



**MECHANICAL ENERGY**

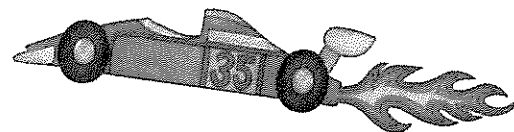
is the total energy an object has because of its motion (speed) and position.

=



**POTENTIAL ENERGY**

is stored energy that depends on an object's mass and position or shape.



+

**KINETIC ENERGY**

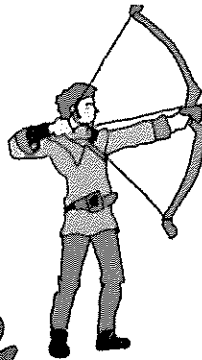
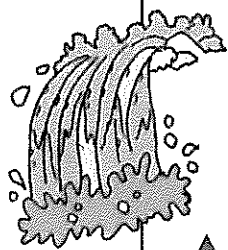
is energy of motion that depends on an object's mass and speed.

## OPIC QUESTIONS:

3

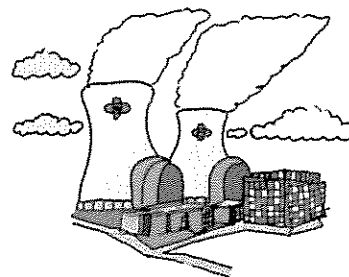
What are some types of potential energy (PE)?

**GRAVITATIONAL POTENTIAL**  
Dependent on mass and height.  
Examples: at the top of a rollercoaster and hydropower



**ELASTIC POTENTIAL**  
Stored due to being stretched or compressed.  
Examples: springs and rubber bands

**NUCLEAR POTENTIAL**  
Stored in the nucleus of an atom.  
Most concentrated form of energy.

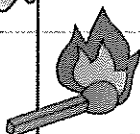


**CHEMICAL POTENTIAL**  
Stored in bonds between atoms.  
Examples: fuel and food



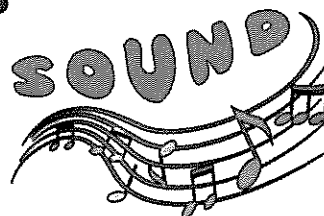
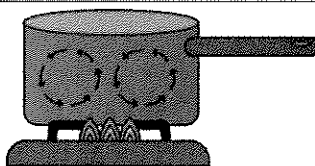
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What are some types of kinetic energy (KE)?



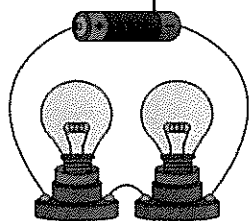
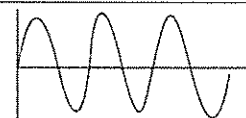
**THERMAL**

Vibration and movement of molecules, also known as heat.

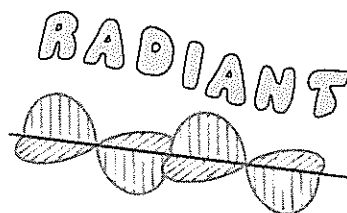


**SOUND**

**Vibrational**  
movement through substances in waves.

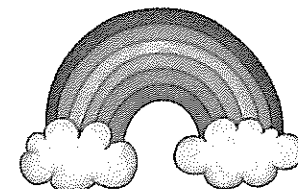


**ELECTRICAL**  
The movement of electrons.  
Examples: lightning and current in appliances



**RADIANT**

Electromagnetic waves.  
Examples: visible light, X-rays, radiowaves

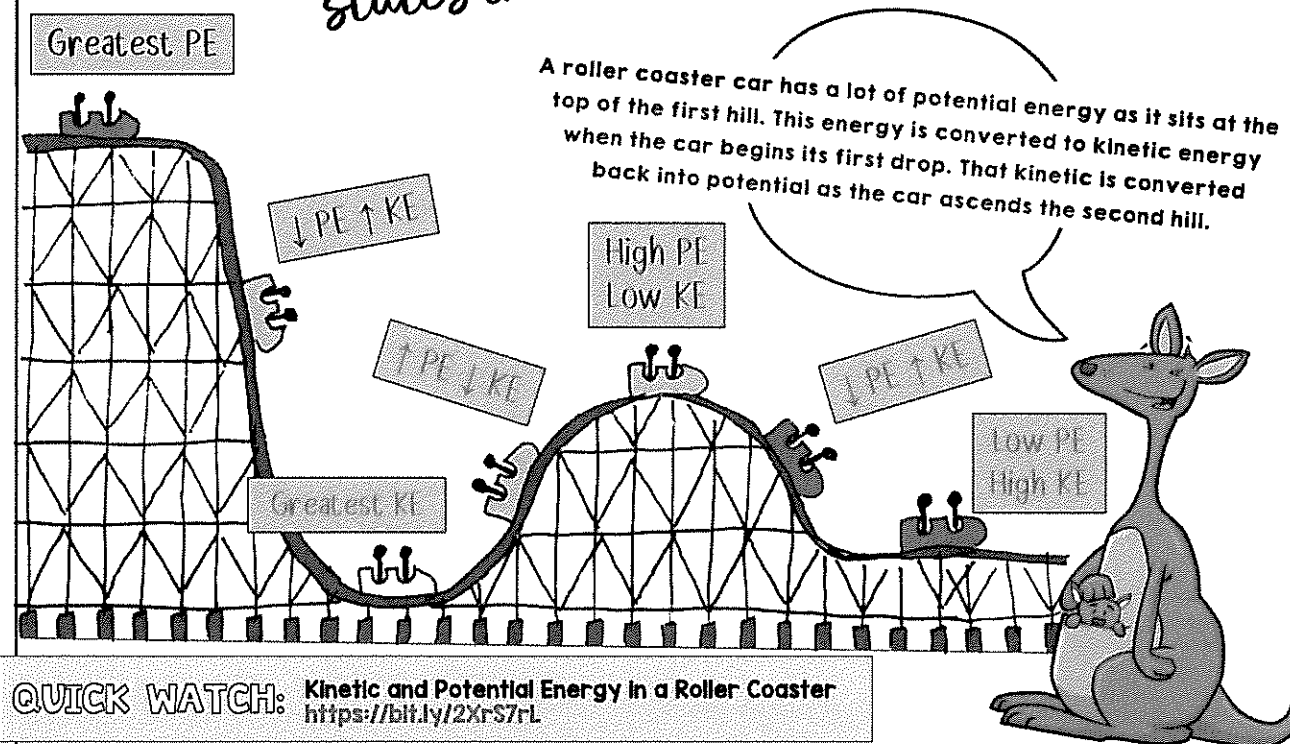


What is the Law of Conservation of Energy?

# the LAW OF CONSERVATION OF ENERGY

states that...

Energy can change forms but it is never lost. This law means that energy can neither be created nor destroyed; rather, it can only be transformed or transferred from one form to another.



Label the empty boxes along the roller coaster track where potential energy (PE) and kinetic energy (KE) are increasing and decreasing.

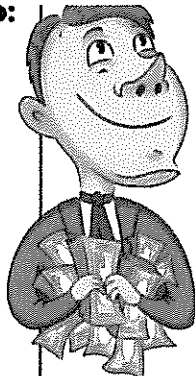


Eventually the roller coaster car will not be able to rise up another hill ... Why is this? What happens to the energy of the car?

The energy of the roller coaster car is being lost as heat (thermal energy) as the car rolls along the track. Eventually, the car will have lost too much kinetic energy to move up another hill.

6

What is energy transformation?



# ENERGY

is a strange property of objects that is sometimes easy to see, and sometimes it is not.

It is a little bit like wealth. Sometimes you can tell that somebody is very wealthy because they have a lot of things or do exciting things.



But other times that wealth is just being stored somewhere, the way money is stored in a bank.

## ENERGY TRANSFORMATION

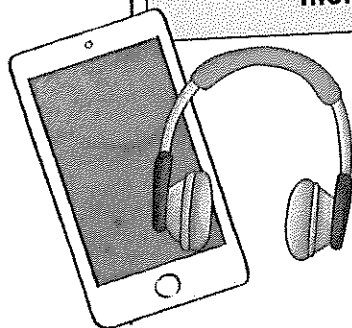
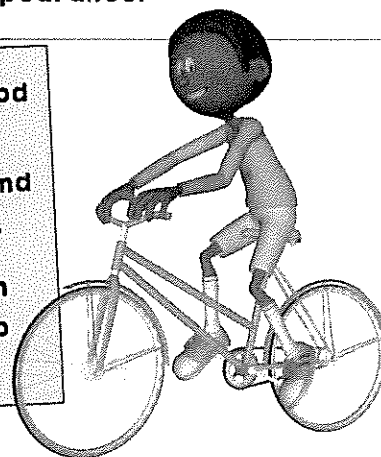
is the process of energy changing from one form to another. This transformation is often able to be seen because it produces a change in the object's motion, position, temperature, or appearance.

7

What are some examples of energy transformations?

*Riding a bike:* The chemical potential energy stored in the food that the boy ate this morning is transferred to mechanical energy as he applies force (does work) to the bike's pedals and to thermal energy (heat) as his body begins to get warmer.

The bike itself then has kinetic energy. The force of friction between the tires and the ground transform the motion into thermal energy (heat) and into sound energy.



Do

Fill in the missing types of energy in the description of energy transformation below.

*Listening to a Podcast:* The chemical potential energy stored in the battery is transferred to electrical energy when the device is used. This energy is transferred to sound energy as you hear the recording play and to thermal energy as the device gets warm.

Name: \_\_\_\_\_

Class: \_\_\_\_\_

Date: \_\_\_\_\_

# ENERGY FORMS & TRANSFORMATIONS

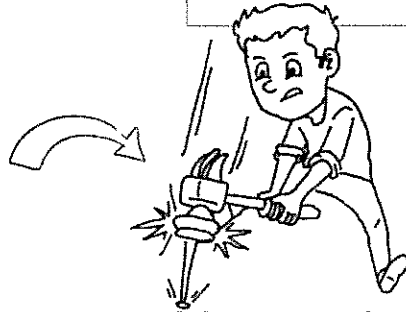
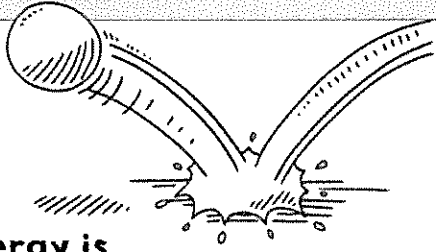
ESSENTIAL QUESTION:

TOPIC QUESTIONS:

1

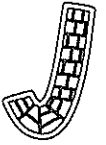
Energy is ...

Energy cannot be...



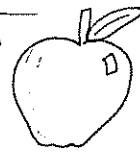
Work happens when...

Energy is measured in the unit of \_\_\_\_\_ (J).  
 $1 \text{ J} = 1 \text{ kg} \cdot \text{m}^2 / \text{s}^2$



VOCAB

100 grams



2

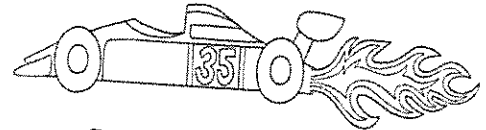
MECHANICAL ENERGY is...

=

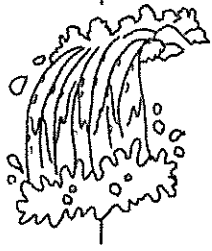
POTENTIAL ENERGY is ...

+

KINETIC ENERGY is ...



3



GRAVITATIONAL

Dependent on \_\_\_\_\_  
and \_\_\_\_\_.

Examples: at the top  
of a rollercoaster  
and \_\_\_\_\_



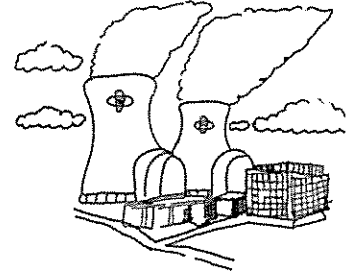
ELASTIC  
POTENTIAL

Stored due to being  
\_\_\_\_\_ or  
\_\_\_\_\_.

Examples: \_\_\_\_\_  
and rubber bands

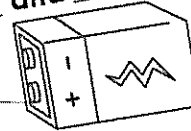
NUCLEAR  
POTENTIAL

Stored in the \_\_\_\_\_  
of an \_\_\_\_\_.  
Most \_\_\_\_\_  
form of energy.

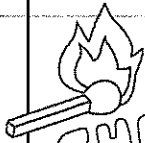


CHEMICAL  
POTENTIAL

Stored in \_\_\_\_\_  
between \_\_\_\_\_  
and \_\_\_\_\_  
Examples: \_\_\_\_\_

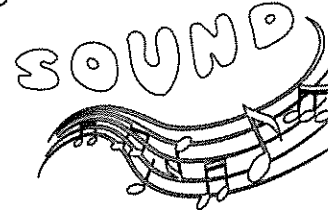
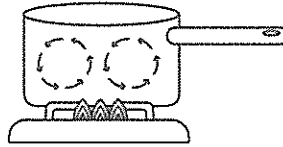


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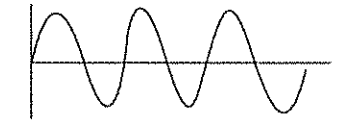


THERMAL

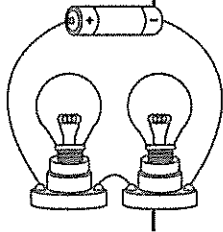
\_\_\_\_\_ and movement of  
molecules, also known as \_\_\_\_\_.



SOUND

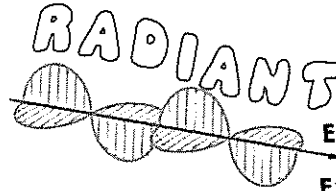


Vibrational  
\_\_\_\_\_ through substances in  
\_\_\_\_\_.



ELECTRICAL

The movement of \_\_\_\_\_  
and \_\_\_\_\_  
Examples: \_\_\_\_\_  
in appliances



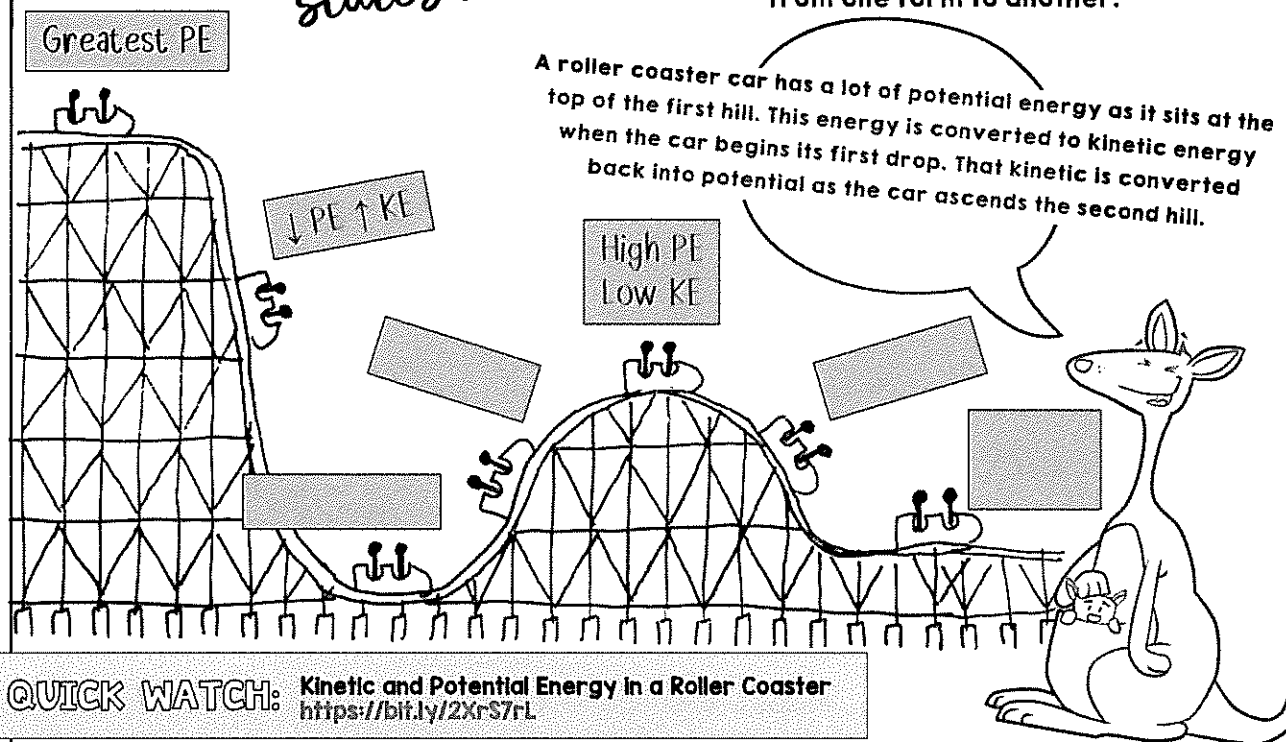
RADIANT

Electromagnetic \_\_\_\_\_.  
Examples: visible \_\_\_\_\_,  
X-rays, \_\_\_\_\_



# the LAW OF CONSERVATION OF ENERGY states that...

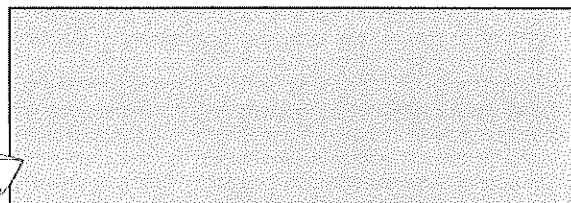
Energy can \_\_\_\_\_ forms but it is never \_\_\_\_\_. This law means that energy can neither be \_\_\_\_\_ nor \_\_\_\_\_, rather, it can only be \_\_\_\_\_ or transferred from one form to another.



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Eventually the roller coaster car will not be able to rise up another hill ... Why is this? What happens to the energy of the car?



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is a strange property of objects that...

But other times that  
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## ENERGY TRANSFORMATION

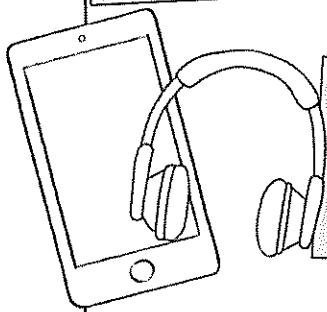
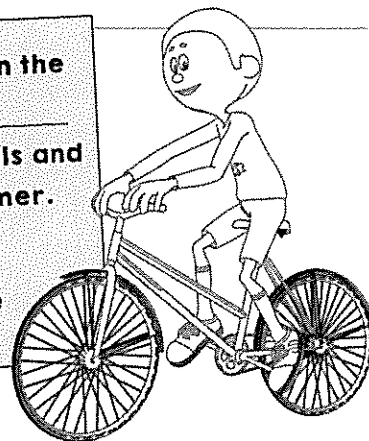
is the process of energy...

This transformation is often able to be seen because...

7

*Riding a bike:* The \_\_\_\_\_ potential energy stored in the  
food that the boy ate this morning is transferred to \_\_\_\_\_  
energy as he applies \_\_\_\_\_ (does work) to the bike's pedals and  
to \_\_\_\_\_ energy (heat) as his body begins to get warmer.

The bike itself then has \_\_\_\_\_ energy. The force of  
\_\_\_\_\_ between the tires and the ground \_\_\_\_\_ the  
motion into \_\_\_\_\_ energy (heat) and into \_\_\_\_\_ energy.



Do

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the battery is transferred to \_\_\_\_\_ energy when the device  
is used. This energy is transferred to \_\_\_\_\_ energy as you hear the  
recording play and to \_\_\_\_\_ energy as the device gets warm.



# ENERGY FORMS & TRANSFORMATIONS: SUM IT UP!

1. Match each word with its correct definition by writing the letter on the line.

- |                |   |
|----------------|---|
| _____ energy   | A. the standard unit for measuring the amount of energy something has |
| _____ work     | B. how much matter there is in something                              |
| _____ joule    | C. where an object is relative to a point of reference                |
| _____ position | D. when a force is used to move an object through a distance          |
| _____ mass     | E. the ability to do work   |

2. Write "PE" next to the types of potential energy and "KE" next to the types of kinetic energy.

- |                     |                  |
|---------------------|------------------|
| _____ gravitational | _____ sound      |
| _____ chemical      | _____ nuclear    |
| _____ radiant       | _____ thermal    |
| _____ elastic       | _____ electrical |

3. Write MECHANICAL, POTENTIAL, or KINETIC on the line next to each description below:

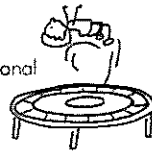
- \_\_\_\_\_ : depends on an object's mass and position (height)
- \_\_\_\_\_ : depends on an object's motion (speed) and position (height)
- \_\_\_\_\_ : depends on an object's mass and speed

4. Complete each sentence below by circling the correct word.

- ☐ If two objects of different masses are about to be dropped from the same height, the heavier one has ( GREATER / LESS ) gravitational potential energy.
- ☐ If two marbles are rolled down a ramp from the same height toward a container, the ( LIGHTER / HEAVIER ) marble will move the container farther because it has more ( POTENTIAL / KINETIC ) energy as it reaches the bottom of the ramp.
- ☐ If one water balloon is held 1 meter above the ground and another water balloon of the same size is held 3 meters above the ground, the ( HIGHER / LOWER ) balloon has the greater amount of gravitational potential energy. When the balloons are dropped, the ( HIGHER / LOWER ) balloon will hit the ground with more force because it will have ( MORE / LESS ) kinetic energy.

5. Choose the correct energy transformation sequence from the word bank for the action happening in each example below. Write the letter on the line.

- A. Gravitational Potential → Sound → Thermal
- B. Chemical Potential → Mechanical → Elastic Potential → Gravitational
- C. Electrical → Sound → Thermal → Radiant
- D. Chemical Potential → Radiant → Thermal



How are you feeling about the basics of Energy Forms and Transformations? Circle one:

