Action or State of Being?

The verb *be* is almost always a state-of-being verb when it is the main verb in a sentence.

EXAMPLES

The turkey is golden brown.

The turkey is delicious.

Many other state-of-being verbs can be used as action verbs.

EXAMPLES

Jamie tasted the cranberry sauce.

(action verb)

The cranberry sauce tasted sweet.

(state-of-being verb)

In the first sentence, tasted expresses action.

Jamie did something. In the second sentence,
tasted expresses a state of being. The condition
of the cranberry sauce was sweet.

Here are examples of the different uses of several state-ofbeing verbs.



APPEAR

action: to come into view; to become visible

Jack appeared suddenly.

The actor appeared on the stage.

being: to seem; to look

They appear friendly.

Fred appears taller than Mike.



FEEL

action: to touch; to think or believe She **felt** the soft blanket. I **feel** that you are right.

being: to be aware of a physical or mental sensation

I feel cold.

Denny feels happy.

GROW

action: to cause to grow; to cultivate

I grew tomatoes in my garden.

The farmer grows corn.

being: to come into existence; to spring up Don **grew** two inches this year. The day **grew** cold.

SMELL

action: to catch the scent or odor of something I could smell the fresh mountain air. I smell popcorn.

being: to have a certain scent or odor The bread **smells** delicious. The skunk **smells** awful.

Activity A Write whether the verb in bold in each of these sentences expresses action or a state of being.

- 1) She could **smell** the smoke in the air.
- **2)** The warm cake **smelled** inviting.
- **3)** The oven **felt** too hot.

- 4) Mary felt a hole in her pocket.
- 5) Joe grows orange trees in Arizona.
- **6)** She **appeared** to have a good time.
- 7) She has grown as tall as I.
- 8) Our cat smells his food before he tastes it.
- 9) Brad felt wonderful about his perfect score.
- **10)** Nora suddenly **appeared** at the party.

If you are not sure whether a verb is a state-of-being verb, remember to try this test. Substitute a form of the verb *be* or *seem* for the verb. If the meaning of the sentence is almost the same, the verb is a state-of-being verb. You cannot substitute a form of *be* for an action verb.

EXAMPLES

State-of-being verb: They remained friends.

They were friends.

Action verb: He **got** a new job.

He was a new job. (not possible)

Activity B Write two sentences for each of these verbs on your paper. In the first sentence, use the verb as an action verb. In the second sentence, use the verb as a state-of-being verb.

appear	feel	grow	look
taste	get	keep	smell

Activity C Remember that a state-of-being verb does not tell what the subject is doing. It does not express action. Write on your paper whether each verb in bold in these sentences expresses action or a state of being.

- 1) Their whole family is healthy.
- 2) Mrs. Jones is reading a book.
- **3)** Ron **is** asleep on the sofa.
- **4)** He seems tired this evening!
- 5) Mr. Jones stays awake.
- **6)** He is eating an apple.
- 7) He likes a snack in the evening.
- 8) Jamie appears very busy.
- **9)** She **must be doing** homework.
- **10)** The television **is** loud.

Activity D Write the verb or verb phrase in each of these sentences on your paper. Beside each verb or verb phrase, write whether it expresses *action* or a *state of being*.

Examples She tasted the soup. tasted—action

Dinner will be ready soon. will be—state of being

- 1) Smell these beautiful flowers.
- 2) The grass seems greener this time of year.
- 3) Food always tastes better at the beach.
- 4) That cute little puppy in the window is watching us.
- **5)** This has been a very dry summer.
- **6)** The plants in our garden became yellow and shriveled.
- **7)** I am saving for a new CD player.
- **8)** At this time tomorrow, we will be hiking up a mountain.
- 9) Did you taste the vegetable pizza?
- 10) How were you feeling yesterday?

Part A Write whether the bold verb in these sentences expresses action or a state of being.

- 1) Howard finally appeared.
- 2) He appears strong and healthy.
- 3) I felt the soft cloth.
- 4) The cloth **felt** soft to me.
- 5) She **looked** everywhere for her cat.
- 6) Her cat looked frightened.
- 7) The oak tree grew eight feet tall.
- 8) I grow radishes in my garden every year.

Part B Write the verb or verb phrase in each of these sentences on your paper. Beside each verb or verb phrase, write whether it expresses *action* or a *state of being*.

- 1) Mr. Klein was looking for the newspaper.
- 2) He usually keeps it on the coffee table.
- 3) That paper gets harder to find every day.
- 4) Suddenly the newspaper appeared!
- 5) The newspaper appeared wrinkled.
- 6) It also looked torn.
- 7) "Who got this paper before me?"
- 8) Mr. Klein grew thoughtful for a moment.
- 9) He spotted the dog under the table.
- 10) "Some dogs are frisky."
- 11) Then he smiled.
- 12) The newspaper was not damaged that much.
- 13) He remained in his chair with his newspaper for a while.
- 14) He got the news of the day.