

Health Study Guide

VOCABULARY

On a separate sheet of paper, define the following words using complete sentences.

1. Consumer
2. Advertisement
3. Fraud
4. Endorsement
5. Infomercials
6. Comparison shopping
7. Generic products
8. Warranty
9. Goods
10. Services
11. Self confidence
12. Rights
13. Consumer Product Safety Commission
14. Food and Drug Administration
15. Federal Trade Commission
16. Discount store
17. Coupon brands of goods
18. Tradition
19. Advertising Salespeople
20. Health care system
21. Primary care provide
22. Specialist
23. Health insurance
24. Preferred provider
25. Medicare
26. Medicaid
27. Health maintenance organization
28. Quackery
29. Placebo effect
30. Consumer advocate

31. Small claims court
32. License
33. Malpractice
34. Public health
35. Ordinance
36. Sanitation
37. Cells
38. Tissues
39. Organs
40. Fertilization
41. Uterus
42. Embryo
43. Fetus
44. Placenta
45. Umbilical cord
46. Cervix
47. Heredity
48. Chromosomes
49. Genes
50. Genetic disorder
51. Birth defects
52. Fetal alcohol syndrome
53. Addiction
54. Rubella
55. Prenatal care
56. Infancy
57. Adolescence
58. Hormones
59. Puberty
60. Developmental tasks
61. Chronological age
62. Biological age
63. Social age
64. Alzheimer's disease
65. Clinical death

66. Brain death
67. Hospice
68. Grief
69. Coping strategies

SHORT ANSWER QUESTION

Directions: On a separate sheet of paper answer the following questions using complete sentences. Spelling and grammar count!

1. What is a wise consumer?
2. Who is a consumer?
3. What is bait and switch?
4. In what four ways does being a wise consumer benefit you?
5. Name 5 rights a consumer has.
6. Name 3 Federal government agencies that help protect consumer rights.
7. What steps can you name that manufacturers have taken to ensure that consumer's right to safety is protected
8. What is the difference between goods and services?
9. What are 5 factors to consider when comparison shopping?
10. What are some questions you need to ask when comparison shopping?
11. List 3 ways to save money on products.
12. What 4 factors influence you when buying goods and services?
13. Who is included in the health care system besides doctors?
14. What are three main goals of workers in the health care system?
15. Compare inpatient care and outpatient care.
16. List and explain each of the four health services available to people today.
17. How have trends developed that aim at improving quality health care and lower costs?
18. What is quackery?
19. What are some common types of quackery?
20. How can you spot quackery?
21. Name four consumer groups that will help you if taking the usual steps does not work.
22. What steps can you take to resolve a problem that you have with a physician?
23. What are some tasks the local and state health departments are responsible for?
24. What are four major federal laws that have been passed to protect your health?
25. Why are nongovernmental health groups necessary?
26. What are three goals of health care?
27. What does life begin with?

28. What are cells the building blocks of?
29. How does fertilization take place?
30. Describe the stages of development before birth.
31. How does the fetus receive food and oxygen while developing?
32. What is the main organ of the circulatory system?
33. A pregnant woman should be careful what she eats and drinks. Explain why this is important.
34. Heredity is the passing on of traits, what are some traits that are passed on?
35. What structures play an important role in heredity?
36. What is a genetic disorder? Name one.
37. What steps are taken for good prenatal care?
38. What are some harmful substances in the fetal environment that can cause birth defects?
39. List three problems in the fetal environment.
40. Cite two causes of low birth weight in newborns.
41. Describe Erikson's eight stages of life.
42. Cite seven of the developmental tasks of adolescence.
43. List seven different physical changes that occur during puberty.
44. List three emotional changes that occur during adolescence.
45. What are the two types of mid wives?
46. What is the difference between them?
47. Why have life expectancies increased?
48. Is there a difference in life expectancies between men and women? Why?
49. Name the stages of adult years.
50. What are three ways of measuring age?
51. Cite three individual choices that people in a certain stage of life may make that may not be part of that stage of development.
52. What is the difference between chronological age and biological age?
53. What is meant by social age?
54. Why might a person's age measure differently based on chronological, biological and social age?
55. What benefits might there be for teens who make an effort to know and help some older people in the community?
56. What are two meanings of death?
57. How can CPR be used to revive someone who is clinically dead?
58. What are 5 stages people go through when facing death?
59. Name five reactions common with death.
60. List four coping strategies for dealing with the loss of someone close.
61. How are the strategies of dying and the strategies of grief similar and how are they different?